



Dear all,

Life at our School is getting busier every year with all the opportunities arising daily to my office. I'm very happy 4Kenya has started to discover the beauty of social media and that you can now follow us on our Facebook page. We also just launched our new website.


I'm very grateful for the continuous support which dr. Noel from Wales is giving us. Together with dr. Valerio from Italy, we held our oral examinations in September. A special thanks also goes to the Nursing Dean of The Faculty of Homeopathy, Mrs. Patricia Donnachie. I'm very grateful for both her professional and personal support she's giving to our School.



Also this year all our third year students passed for The Faculty of Homeopathy (UK) written exams! We appreciate our strong partnership with The Faculty of Homeopathy. On Saturday 18<sup>th</sup> October we celebrated our fifth Graduation. We are so proud to have trained about 100 homeopathic practitioners.

The first cycle of 7 years lies now behind us. Together with my whole team, I have worked hard to build up the School from scratch. Along the way, we have faced so many challenges. They are part of starting any new Institution and by finding solutions we became stronger. As they say "there's a time for sowing and reaping". With confidence I can say that our time to reap has started.

On behalf of my Board, students & staff, I would like to thank all of you for your wonderful support.



Marie Magré, staff & students

## 5<sup>TH</sup> GRADUATION

Our Health Minister of Kwale County Dr. Athuman Chiguzo was for the second time our Guest of Honour. Just like last year, he gave us encouraging words and invited our graduates to his office. This week already 4 eager graduates were placed as volunteers in the three District hospitals of Kinango, Msambweni and Kwale.



Dr. Athuman is a man of his word. Last year he also offered the graduates to volunteer in the Kwale County hospitals and they are now employed. The Health Minister also allowed the Kenya School for Integrated Medicine to place our interns in the busy Public hospitals of Kwale. This is a great step forward in integrating homeopathy into the existing regular healthcare system. We truly wish to thank the Minister for his great support!

The Kwale County Director of Education and H.E. First Lady Kwale County, Madam Christine Mwake both gave inspiring speeches. Madame Christine is a good friend of our School and has been empowering our teaching staff.

Congratulations to all our graduates!

They all received their Diploma and beside that they got a Starters kit with 100 homeopathic remedies.

Just like the previous graduates, they will also receive a combined book of Materia Medica and Repertory donated by Merlijn Boekhandel.



Thanks to the great efforts of our camerawoman Jane you can get a good impression on: <http://www.4kenya.org/about-us/>



## START NEW ACADEMIC YEAR



We started the new academic year with 20 new students.

We are now offering three new certificate courses in: Community health & HIV/AIDS, Nutrition & Dietetics and Homeopathic Medicine.

It was great to welcome back our guest lecturer homeopath Rebecca from New Zealand. Thanks so much for your inspiring introduction!

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## WOULD YOU LIKE TO SUPPORT OUR STUDENTS?

Since 2007 4Kenia has been training about 100 sponsored students. We're thankful to all our sponsors who made it possible to support these young bright people to become health professionals. We are still looking for support for the current students, who just started the new academic year.

The tuition fees for a student costs about 1,500 Euro per year – 1,000 Euro for academic affairs and 500 Euro for accommodation and living expenses.

We are always looking for sponsors, and this is how you can help.

We can train one professional health care worker in homeopathy, community health and HIV management or Nutrition with:



- A group of 24 sponsors who donate 5 euros per month
- A group of 12 sponsors who donate 10 euro per month
- A group of 6 sponsors who donate 20 euro per month

Become one of our group members and assist young bright Kenyans who need some support to become professional health care takers in Kenya.

Please find more info on how to donate: <http://www.4kenya.org/donate/>

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**NEW COMMUNITY BUILDING AND CONFERENCE HALL**

With the financial support from our sponsors Wild Geeze and Weeshuis der Hervormden we could realise this multi purpose building. We will be using the new facility to educate our community.

We will also start renting it out for seminars to generate income for the School. We officially used it for the first time last Saturday to celebrate with 200 people our 5<sup>th</sup> Graduation.



We like to give Floris a big thank you for his technical support.

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**POSTGRADUATE COURSES HOMEOPATHY**

Together with Richard Pitt and our own tutors, we gave introductions on Homeopathy to the three Medical Training Colleges in Kwale County.

We also taught nurses, clinical officers and doctors in all three public hospitals.

In the near future we will start a postgraduate course in Homeopathy and train health professionals.



**MOBILE CLINC AT KAMBINGU MASAI VILLAGE**

Through out the year we carry out several mobile clinics with our team of homeopaths, public health officer, clinical officer and students. We do outreaches in 7 communities and we have been treating bi-weekly our neighbouring male- and female prison.



On October 2<sup>nd</sup> we went back to “Kambingu”. This remote Masai village lies on a 3 hours distance drive from our School.

The great medical staff of Nyango dispensary is carrying out monthly mobile clinics. Here our former third year students were given the opportunity to do their internship in this exceptional place.

We like to thank our close friends Mieke and Hanneke for the special partnership!



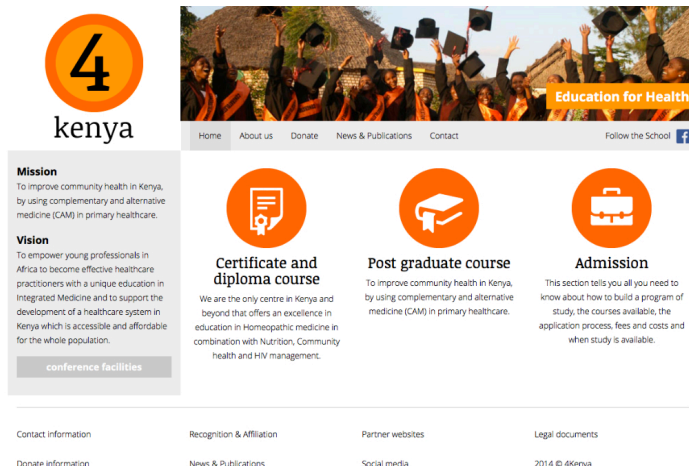
We have been providing antenatal care, giving BCG and Polio vaccinations, held health talks on Nutrition and also treated many patients with homeopathy for e.g. skin problems and respiratory complaints. This unforgettable day was a wonderful example of how homeopathy can compliment conventional treatment.

Watch our 2,5 minutes movie by clicking on: <http://www.4kenya.org/about-us/>



## NEW WEBSITE AND FACEBOOK ONLINE

We are also excited to lounge our new website: [www.4kenya.org](http://www.4kenya.org). Thanks to the technical support from <http://www.mousecraft.nl> and wonderful input for the content, which we received from Richard Pitt (<http://www.thenaturalmedicineguide.com>).



The screenshot shows the 4Kenya website homepage. At the top left is the logo with the number '4' in an orange circle and the word 'kenya' below it. To the right is a banner image of graduates in black gowns and caps, with the text 'Education for Health' overlaid. Below the banner is a navigation menu with links: Home, About us, Donate, News & Publications, Contact, and Follow the School (with a Facebook icon). The main content area features three columns, each with an orange circular icon and a title: 'Certificate and diploma course' (with a book icon), 'Post graduate course' (with a graduation cap icon), and 'Admission' (with a briefcase icon). Each column contains a short paragraph of text. On the left side, there are sections for 'Mission' and 'Vision' with their respective descriptions. At the bottom, there is a footer with links for Contact information, Recognition & Affiliation, Partner websites, Legal documents, Donate information, News & Publications, Social media, and 2014 © 4Kenya.

Please become our friend on:  
[www.facebook.com/kenyaschoolforintegratedmedicine](http://www.facebook.com/kenyaschoolforintegratedmedicine)

Big thanks to our friends Denise and Alexander (<http://www.upindegroup.com>) for marketing our Facebook page.

### UPDATE MONTHLY NUTRITION DAYS

Thanks to the support of our sponsor <http://www.terredeshommes.org> we are able to carry out our helpful and educational Nutrition Days.



On these days we measure children under five on their height and their weight. We check the children's overall health condition and we also educate the mothers about nutritious types of food. When we find children facing problems in their development or who are underweight, we take action.

After a year we can see a positive trend whereby less children are underweight.

The success of the monthly nutrition days encourages us to expand our nutrition program to other communities with nutritional challenges. We have been reaching out for almost 1,000 mothers with their babies in the Kwale Community. Now we want to extend the program through out the Kwale County.

We are looking for sponsors and partners who want to work together on bringing nutrition days to other communities all over Kwale County. Become a sponsor and donate. With 5 sponsors who donate 10 to 20 euro per month we can check and educate 30 young mothers with their babies. We will be able to help so many and make a change.

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### THANKS TO ALL SPONSORS!

Without the wonderful support of many special people each in their own way, we would not be able to reach our goals. A big THANK YOU goes to our sponsors who support our students, volunteers, colleagues, relatives, friends, foundations, companies and private sponsors from 10 different countries!

- Terre des Hommes
- Wilde Ganzen
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- LoFff
- Stichting Lelystad Helpt Kenya
- Lamping JGL Advies
- Mousecraft
- Merlijn boekhandel
- World book of Value
- Homeopathy for Health in Africa



**And a special thanks to all our Silent Sponsors!!**